



Heartspring

NEW!

Music Therapy CARE Club led by Heartspring Music Therapist Roxanne Nelson



We are thrilled to introduce our latest CARE Club: a music therapy group tailored to nurture your child's development through the transformative power of music. Led by Heartspring's music therapist, Roxanne Nelson, these sessions offer a dynamic journey focusing on supporting your child's social skills, sensory processing, speech and communication, and creative expression.

Immerse your child in therapeutic musical experiences surrounded by peers, emphasizing the potential for growth and development in a social setting. Through structured activities, they will explore teamwork, cooperation, and turn-taking while delving into diverse musical stimuli to refine their sensory processing abilities.

Your child will participate in both verbal and non-verbal communication exercises by honing expressive and receptive language skills in a nurturing environment. Additionally, they will have the opportunity to explore different instruments, genres, and improvisational techniques, nurturing their creativity and fostering a sense of individuality.

Grounded in evidence-based practices, our music therapy sessions promote holistic development, fostering confidence, emotional regulation, and a deeper appreciation for music. Join us as we embark on this harmonious journey, resonating with the promise of growth and possibility!

- **8 weekly sessions beginning June 6**
- **1.5 hours each**
- **Heartspring Music Room**
Check in at the Outpatient Services front desk.
8700 E. 29th St. N., Wichita, KS 67226

With only 10 spots available this summer, please understand that we will not have a spot for all applicants. We will utilize a waitlist as we will be adding other groups in the fall and future semesters.



If interested, contact CARE at care@heartspring.org or 316-634-8886.