

Heartspring CARE Clubs Application

Age 9 and older

This application is the second step in the intake and enrollment process for social skills groups (CARE Clubs) at Heartspring. We use this information to decide how to best serve your child. Upon receipt and review of the form, we will follow up with you to discuss your family's needs in more detail and review the next steps.

1. Child's Name**2. Child's Birth Date****3. Parent's/Guardian's Name****4. Enrollment Status**

We have **never** been enrolled in a program at Heartspring.
We are **currently** enrolled in a program at Heartspring (please explain):

We were **previously** enrolled in program at Heartspring (please explain):

5. What skills are you hoping to develop during CARE Clubs?

Social Skills: acquisition of elementary social skills

Friendship: develop meaningful friendships with similar age peers

Community: integration into the community

6. Preferred Day (We accommodate when possible but our priority is forming best fit groups based on individual child need)

Monday
Tuesday
Thursday
Saturday

7. Preferred Time

5:00 p.m. (weekdays only)
6:00 p.m. (weekdays only)
9:00 a.m. (Saturday only)
10:00 a.m. (Saturday only)
11:00 a.m. (Saturday only)

8. How many times per week would you like your child to attend group?

1
2
3

9. Identify three top priorities for skills that you would like to see addressed in CARE Clubs. Please choose targets that you feel will have the most impact for your child and your family.

1.
2.
3.

10. Challenging Behaviors (Please check if there is occurrence in the last six months)

- Self injury
- Aggression towards peers
- Aggression towards adults
- Elopement (leaving area without permission/wandering off)
- Property destruction
- Tantrum (screaming/flopping to floor - length of time or intensity beyond what is "typical" for child's age)
- Foul Language
- Loud vocal stereotopy
- No problem behavior of this kind

11. Toileting

- 100% independent
- May require minimal support or prompting
- Not toilet trained

12. Classroom Placement

- In district self contained
- In district inclusion
- In district other
- In district general education
- Out of district specialized program
- Homeschool
- Other

13. Communication

- No formal mode of communication
- Alternative communication (sign, PECS, communication device)
- Single words
- Phrases
- Sentences

14. Independence

- Requires consistent 1:1 support
- May require 1:1 support dependent upon activity
- Does not require 1:1 in small group

15. Describe your child's interest in other kids/forming friendship.

- I am unsure
- Very resistant
- Seems disinterested
- Interested
- Very interested

16. My child's interests include:

17. My child does NOT enjoy:

18. How did you hear about Heartspring's CARE Program?

- Personal referral from currently or previously enrolled family
- School Personnel
- Medical Provider
- Social Media
- Resource Fair
- Google Search
- Other:

19. Any additional questions or comments for our team?



Social Skills Checklist

For each question, check if that particular social skill occurs Almost Always, Often, Sometimes, or Almost Never.

Almost Always

The child consistently displays this skill in many settings and with a variety of people.

Often

The child displays this skill on a few occasions, settings and with a few people.

Sometimes

The child seldom displays this skill but may demonstrate it on infrequent occasions.

Almost Never

The child never or rarely exhibits this skill. It is uncommon to see this in their daily routine.

		Almost Always	Often	Sometimes	Almost Never
Conversational Skills (Verbal and Non-Verbal)					
1	Initiate conversation when it is appropriate to do so				
2	Initiates conversation around specific topic				
3	Asks "Wh" questions (who, what, where, etc.)				
4	Responds to "Wh" questions (who, what, where, etc.)				
5	Makes a variety of comments, related to the topic				
6	Introduces him/herself to someone new				
7	Introduces people to each other				
8	Ends conversations appropriately				
9	Waits to interject in a conversation				
10	Maintains appropriate proximity to conversation partner				
Total					
Problem Solving					
1	Seeks help from peers				
2	Seeks help from adult				
3	Plays a game successfully				
4	Identifies/defines problems				
5	Generates solutions to problems				
6	Carries out solutions by negotiating or compromising				
7	Understands impact his/her behavior has on peers				
Total					
Understanding Emotions					
1	Identifies likes and dislikes				
2	Identifies emotions in self				
3	Identifies emotions of others				
4	Justifies emotions once identified (I was angry because ____.)				
5	Demonstrates affection and empathy toward peers				
6	Refrains from aggressive behaviors toward peers				
7	Refrains from aggressive behaviors toward self				
8	Does not exhibit intense fears or phobias				

		Almost Always	Often	Sometimes	Almost Never
Understanding Emotions (continued)					
9	Interprets body language				
10	Uses different tones of voice to convey messages				
Total					
Compliments					
1	Appropriately receives compliments				
2	Asks for a favor appropriately				
3	Apologizes independently				
4	Says thank you				
5	Gives compliments to peers				
6	Gives compliments to adults				
Total					
Flexibility					
1	Accepts making mistakes without becoming upset/angry				
2	Accepts consequences of his/her behavior				
3	Accepts unexpected changes				
4	Continues to try when something is difficult				
5	Ignores others or situations when it is desirable to do so				
Total					

**Email completed form to
Heartspring CARE Program Manager
Kalee Beal at CARE@heartspring.org.**

For Heartspring office use only

Summary of Social Skills Checklist

	Total % Marked as Almost Always	Total % Marked as Often	Total % Marked as Sometimes	Total % Marked as Almost Never
Conversational Skills 10 Questions				
Problem Solving 7 Questions				
Understanding Emotions 10 Questions				
Compliments 6 Questions				
Flexibility 5 Questions				