



Heartspring



## Autism Services

Heartspring's Autism Services program provides services and resources for individuals and families affected by a diagnosis of Autism Spectrum Disorder. It consists of the Community of Autism Resources and Education (CARE) program, the Early Intensive Behavioral Intervention (EIBI) program, family services and Applied Behavior Analysis.



### CARE Clubs

Heartspring's CARE Program offers a wide range of social skill opportunities for children. Our hope at CARE is to help children and adolescents learn the valuable skills necessary for social and emotional development. Each of the clubs has a unique theme and goal in mind for the individuals enrolled.

### Camp SSTAR

Camp SSTAR is an innovative and life-changing program for children impacted by autism. Our goal for the summer months is to keep children engaged in the learning opportunities offered to them throughout the school year as well as to continue their growth in areas of development necessary for an independent and successful future.

### EIBI

Heartspring's Early Intensive Behavioral Intervention (EIBI) program focuses on a comprehensive intensive service model for children who are under the age of five. Children receive up to 20 to 30 hours a week of therapy in a variety of settings. Research shows if therapy is started early, outcomes are significantly improved over the lifetime of a child impacted by autism.

### Family Services

Autism Services' family services program gives families the tools they need to navigate an autism spectrum diagnosis. Heartspring offers Parents' Night Out, sibling groups, family counseling and parent education and training.

### Applied Behavior Analysis

Applied Behavior Analysis (ABA) services are evidenced-based treatments and programming designed to empower parents to provide the support and guidance a child impacted by autism needs to be successful in his or her natural environment. Service structure varies by child and can include one-on-one therapy services, parent training, office visits, home visits, coordination of care with other facilities and other therapies and natural-environment training.

**“What a great program. It was amazing to see my very shy daughter making new friends and actively playing with her classmates!”**

Autism Services Parent/Guardian



# WHO'S YOUR 1 IN 59?

Autism is 10 times more common today than it was in the 1980's, according to the Centers for Disease Control and Prevention. Across a mere 10-year period—1993-2003—statistics from the U.S. Department of Education revealed a 657 percent increase in the nationwide rate of autism. Programs like Heartspring's Autism Services are needed more now than ever before.



## Autism CARE Walk

Heartspring's Community of Autism Resources and Education (CARE) Walk raises awareness for autism in Wichita and surrounding communities while also raising funds for Heartspring's CARE Program. In 2018, more than 3,200 participants joined Team CARE and raised \$88,000. [www.AutismCAREWalk.org](http://www.AutismCAREWalk.org)

### FY17 BY THE NUMBERS

43

Number of children who participated in Camp SSTAR

78

Number of children who participated in CARE Clubs

116

Number of children who received ABA Services

194

Total Number of children Autism Services Served\*

\*Some children received more than one type of therapy.

## Opportunities & Priorities

- Fundraise to provide more opportunities for children in CARE Clubs
- Continue financial assistance for CARE program participants
- Buy assessment and screening tools
- Alternative locations for clubs and camps

### Outcomes, Impact & Satisfaction Report

Heartspring collects data to understand the impact of Autism Services' programs and services on the development of key social, behavior, communication, emotional self-regulation, organization and leisure skills. In FY17, 97 percent of the children served in our ABA program demonstrated progress or achievement of their therapy plan goals at six month and beyond of therapeutic intervention. 100 percent of Camp SSTAR campers and 84 percent of CARE Clubs children maintained or improved targeted skills, as reported by parents and guardians.