



Heartspring Continuum of Care: One Connected System for Every Family's Journey

Wherever families begin their journey with us, our goal is to help connect the support they need over time.

Our services work together to support children and families from early concerns and diagnosis through therapy, social development, and, when needed, more intensive educational support.

Common Ways Families Begin at Heartspring

Regardless of where families enter, our focus is on working together to support what each child needs *next*.

Concerns about
speech, motor
skills, feeding,
or development



Outpatient
Therapies

Social challenges
or desire for
peer connection



Social Skills &
Community
Programs

A new diagnosis
or increasing
behavioral needs



Outpatient
Therapies
or ABA

High-support
educational and
behavioral needs



Therapeutic Day
or Residential
School (district-
placed)

Outpatient Interdisciplinary Therapies

Whether parents notice a potential delay or receive a neurodevelopmental disorder diagnosis, we're here to help every child reach their full potential.

Speech-Language Therapy

We address communication challenges like articulation, receptive and expressive language, fluency, and oral motor skills.

Physical Therapy

We use engaging, individualized treatment plans to help children build the physical skills they need to navigate their world with greater confidence.

Feeding Therapy

We provide critical nutrition support to children who struggle with eating, aiding their growth and development while making mealtimes less stressful for the whole family.

Occupational Therapy

Our individualized, play-based therapy interventions help children strengthen fine motor skills, sensory processing, and self-care abilities, laying the foundation for greater independence.

Audiology Services

Our pediatric audiologist specializes in providing screenings, evaluations, and optimizing participation in activities that have been limited because of hearing difficulties.



**Request an
Appointment**





FAQs

Children (0-21 years old) do not need to have a disability diagnosis to receive services in our clinic.

We accept most major insurance plans, including Kansas Medicaid or self-pay.

Prior to an evaluation, insurance may require a doctor's referral for authorization.



Contact Us

Outpatient Scheduling
316-634-8701

Outpatient Front Desk
316-634-8710

Billing & Insurance
316-634-8807



Each child's path can look different. Some move from outpatient therapies into social skills programs or more intensive educational support, and our teams work together to support these transitions.

Outpatient Applied Behavior Analysis (ABA) Services

For children (2-13 years old) diagnosed with autism who need intensive behavioral support.

Due to high demand, there may be a wait for ABA services. Our team can help families understand next steps, explore available resources, and connect with supportive services while determining the best path forward.

Program for the Education and Enrichment of Relational Skills (PEERS®)

This evidence-based social skills program is specially designed to help children and young adults with autism spectrum disorder, ADHD, anxiety, depression, and other socio-emotional problems.

- Our multi-week programs meet once a week for 90 minutes.
- Group sizes vary between 5-8 children.
- We follow a curriculum with a different age-appropriate topic each week.

PEERS

The original program is geared toward middle and high school students.

Some of the topics we discuss are:

- How to use appropriate conversation skills
- Joining a conversation
- How to find common interests with a peer
- Using appropriate humor
- Handling rejection, teasing, and bullying

Introduction to PEERS

This PEERS group is designed to help 4th and 5th graders transition from elementary to middle school.

Different topics each week, including:

- Conversation skills
- How to find common interests with a peer
- Good sportsmanship
- Handling rejection, teasing, and bullying

Preschool PEERS

Children aged 4-6 years old learn social skills through didactic lessons, puppet shows, and role-play demonstrations, and practice these skills during group socialization activities.

Participants will learn about:

- Listening and following directions
- Asking and using names
- Sharing and giving turns
- And more!



Social Skills & Community Programs

Heartspring's CARE (Community Awareness, Resources, and Education) program helps neurodiverse children and teens learn valuable skills necessary for social and emotional development in supportive group settings, building on therapeutic foundations. These programs often build on therapy and help children apply skills in real-world, social environments.

CARE Social Skill-Building Clubs

- **Activities-based groups**
 - Friendship-forming social skills
 - Sensory activities
 - Team-building games
 - Science experiments
- **Meets twice a month for a semester**
- **Ages: middle and high school**

Teen Hangouts

Once a month, we invite local neurodiverse teens to enjoy a safe night filled with food, games, and friendship.

- Teens ages 12–18
- Trained staff and volunteers
- Safe, engaging environment tailored to participants' needs
- Intentionally priced at \$30 to keep the program accessible



**CARE Clubs
Application**



**Community
Clubs &
Respite Care
Inquiry Form**



Therapeutic Residential & Day School

For some children, their needs extend beyond what traditional school settings can support. In those cases, Heartspring provides a more intensive, integrated environment.

Placement in our school is usually determined through a child's local school district as part of the IEP process. Most students attend through district funding, though in limited cases, other funding sources may be used.



We serve students ages 5–22, most often with a primary autism or other neurodevelopmental disorder diagnosis whose **educational, behavioral, and therapeutic needs exceed the capabilities of their school district**. Many of our students have challenges such as:

Limited or
emerging
communication

Intellectual
disabilities or
learning disorders

Aggression or
self-injury

Elopement

Property
destruction

Significant
difficulty with
emotional or
behavioral
regulation

Our team of multidisciplinary experts, including our on-site medical professionals, ensure that every clinician understands how a child's therapeutic interventions, medication changes, and behaviors could affect other areas of their health and ability to achieve academic outcomes.



**Learn More About Our
Admissions Process**

**At every stage, our goal is the same:
to meet each child where they are and
ensure families feel supported, informed,
and connected throughout their journey.**





**Heartspring is accredited by CARF
International for its Pediatric
Outpatient Services and Therapeutic
School's Residential Program.**

